

## SANDWICHES

Choice of sourdough, whole wheat, white, pumpernickel swirl, or home made roll.  
All sandwiches served with pasta salad. Substitute greens or fruit for 1.00.

<b>Curried Chicken Salad</b> Poached chicken breast, green apple, plump golden raisins and toasted almonds in mild curry.....	7.00
<b>Chicken Salad</b> Tender chicken breast, apple and pecans lightly mixed with mayo.....	7.00
<b>Basil &amp; Parmesan Chicken Salad</b> Topped with baby arugula and mayo spread.....	7.00
<b>Roast Beef</b> Boar's Head tender roast beef, baby swiss cheese, tomato, red onion, green leaf, dijon and mayonnaise.....	7.00
<b>Roasted Turkey</b> Boars' Head prime quality roasted turkey breast, tomato, cheddar, green leaf, and mayonnaise .....	7.00
<b>Tuna Salad</b> White albacore tuna, pickles, celery, fresh parsley lightly mixed with mayonnaise with tomato and green leaf.....	7.00
<b>Club Trio</b> Boars' Head prime quality turkey breast, black forrest ham, bacon, cheddar cheese, tomato, lettuce leaf and mayonnaise.....	8.25
<b>Egg Salad</b> Mixed with celery, dijon and mayonnaise. Served with lettuce.....	6.75
<b>Ham &amp; Cheese</b> Boars' Head prime quality ham with cheddar cheese, tomato, lettuce and mayonnaise.....	7.00
<b>BLTA</b> Served with mayo spread.....	7.00
<b>Half Sandwich &amp; Cup of Soup or Black Bean Chili</b> Any sandwich listed above, except Club Trio.....	7.00
<b>Half Sandwich &amp; Garden Greens or Caesar Salad</b> Any sandwich listed above, except Club Trio.....	7.00

## PASTA

All sauces are made from scratch and are served with fresh bread

<b>Penne Bolognese</b> Pasta with meat sauce.....	10.00
<b>Fettuccine Primavera</b> Pasta with vegetables and marinara sauce.....	9.50
<b>Penne Arrabiata</b> Pasta with spicy marinara sauce & grilled chicken.....	10.00
<b>Fusilli Come On In</b> Pasta tossed in pesto cream sauce with chicken & sundried tomatoes.....	10.00

## KIDS MENU

<b>Penne Pasta with Butter &amp; Parmesan Cheese</b> .....	4.25
<b>Penne Pasta with Tomato Sauce</b> .....	4.75
<b>Penne Pasta with Meat Sauce</b> .....	5.50
<b>Quesadilla</b> .....	3.75
<b>Peanut Butter &amp; Jelly Sandwich</b> .....	3.75
<b>Grilled Cheese Sandwich</b> On choice of white, wheat or sourdough bread.....	3.75

## BEVERAGES

All coffee drinks available in decaffeinated  
Add your favorite syrup for 0.50  
Substitute soy milk for 0.50

<b>Espresso</b> .....	Single 2.00 / Double 2.50
<b>Cappuccino</b> Espresso, foamed milk.....	Single 2.75 / Double 3.50
<b>Café Latte</b> Espresso, steamed milk, foamed milk.....	Single 3.25 / Double 3.75
<b>Chai Tea Latte</b> Black tea with nutmeg, cinnamon & other spices, steamed milk, foamed milk .....	Single 3.25 / Double 3.75
<b>Café Mocha</b> Espresso, steamed milk, chocolate and fresh whipped cream.....	Single 3.50 / Double 4.00
<b>Café Au Lait</b> Coffee, steamed milk.....	Single 2.50 / Double 3.00
<b>Hot Chocolate</b> Chocolate, steamed milk, fresh whipped cream.....	Small 2.00 / Regular 2.50
<b>Coffee</b> Fresh roasted blend, decaf or regular.....	Small 1.75 / Regular 2.25
<b>Organic Hot Teas</b> .....	2.25
<b>Lemonade</b> .....	2.50
<b>Sodas</b> .....	1.50
<b>Fresh Brewed Iced Tea</b> .....	2.25
<b>Smoothies</b> Choose your mix of fresh fruit.....	4.00
Banana, Peach, Strawberry and or Blueberry	
<b>Orange Juice</b> .....	3.50
<b>Mimosa</b> .....	4.50

## DAILY SPECIALS

Call for details

# LUNCH & BREAKFAST MENU



COME ON IN!  
C • A • F • E

1030B Torrey Pines Rd  
La Jolla, CA 92037  
858.551.1063 • Fax 858.551.1863

Monday - Friday  
7:00 am - 3:30 pm

Saturday & Sunday  
8:00 am - 3:30 pm

[www.comeonincafe.com](http://www.comeonincafe.com)

## BREAKFAST

Mon. - Fri. 7am - 11:30am Weekends & Holidays 8am - 3pm

### FAVORITE BREAKFAST

Served with fresh fruit and your choice of sourdough, wheat, english muffin or pumpernickel swirl toast

<b>Plain &amp; Simple Eggs</b> Two eggs (any style).....	7.00
<b>Bacon &amp; Eggs</b> Two pieces of bacon and two eggs (any style).....	8.00
<b>Classic</b> Two steamed eggs, cheddar cheese and tomato.....	7.50
<b>Mediterranean</b> Two steamed eggs, basil, feta cheese and tomato.....	7.75
<b>The Works</b> Two steamed eggs, cheddar cheese, tomato, green onions & side salsa fresca.....	7.75
<b>Portobello Omelette</b> Fresh tomato, basil, swiss cheese and roasted portobello mushrooms.....	8.50
<b>Popeye Omelette</b> Spinach, fresh parmesan, prosciutto and diced tomato.....	8.50
<b>Power Breakfast</b> Scrambled egg whites with scallions, tomato and basil served with fresh fruit and black beans topped with cheddar cheese.....	8.25
<b>All American Scramble</b> Three scrambled eggs, melted cheddar cheese, tomatoes & bacon.....	9.00

### SPECIALTY BREAKFAST

<b>Breakfast Burrito</b> Steamed eggs, black beans, potatoes, tomato, green onion & cheddar cheese. Served with pico de gallo.....	7.50
<b>Add Ranchero Sauce on top</b> .....	8.50
<b>Huevos Rancheros</b> Corn tortillas, fried eggs, cheddar cheese, ranchero sauce, black beans and pico de gallo.....	8.25
<b>La Jolla Sampler</b> Pancakes or french toast, two eggs (any style), two pieces of bacon & fruit or potatoes (no substitutions).....	9.50
<b>French Toast</b> Made with mamas home-baked bread and served with fruit or eggs.....	8.00

### SIDE ORDERS

<b>Bacon</b> .....	3.25
<b>Fruit</b> .....	2.75
<b>Potatoes</b> .....	2.50
<b>Eggs</b> .....	2.50
<b>Chicken Sausage</b> .....	3.50

## HOMEMADE SOUPS

<b>Homemade Soups Of The Day</b>	<u>Cup</u>	<u>Bowl</u>
Made fresh daily. Bowls served with fresh bread.....	3.75	5.00
<b>Black Bean Chili</b> Our homemade vegetarian black beans are made with red bell peppers, tomato, onions, herbs and spices topped off with cheddar cheese, sour cream and cilantro.....	3.75	5.00
<b>Soup and Salad</b> Soup or chilli served with fresh bread and small garden greens.....	7.50	8.75

## PANCAKES & WAFFLES

### Cornmeal Pancakes - "A Must Try"

Served with your choice of banana & strawberries or two eggs..... 8.50

**Buttermilk Pancakes**..... 7.00

**Blueberry Pancakes**..... 7.50

**Banana Pecan Pancakes**..... 7.50

**Chocolate Chip Pancakes**..... 7.50

**Short Stack of Pancakes (2)**..... 6.00

### Belgian Waffles - Served Friday, Saturday & Sunday Only

Our freshly made crisp waffles

With Fresh Fruit..... 6.50

With Two Eggs & Fresh Fruit..... 7.50

## OTHER GOODIES

### McGillispie

Eggs, ham & cheddar cheese on english muffin..... 4.25

### Breakfast Sandwich

With scrambled eggs, tomato, bacon and cheddar cheese (on choice of bagel or croissant)..... 4.50

### Bagel or Toast

Plain or with butter and jam or with cream cheese..... 1.75

With cream cheese, fresh tomato & cracked pepper..... 2.75

### Homemade Granola (low fat)

With Milk..... 3.50

With Milk and Fruit..... 4.50

### Hot Cereal (add bananas & strawberries for 1.00)

Made with oatmeal, apples, toasted almonds, dried cranberries and currants served with milk and brown sugar on the side..... 6.00

**Fresh Fruit Bowl**..... 4.75

**Fruit Parfait**..... 5.00

## WRAPS

Choice of flour or spinach tortilla and served with a side of fruit

### Turkey Wrap

Roasted turkey, avocado, tomato, baby spinach, tossed in lemon vinaigrette and pesto aioli..... 8.25

### Chicken Caesar Wrap

Diced grilled chicken breast, romaine, parmesan and tomato in classic Caesar dressing..... 8.25

### Greek Wrap

Diced chicken breast, cucumber, feta, tomato, red onion, kalamata olives, chopped lettuce and lemon vinaigrette..... 8.25

### Tuna Wrap

White albacore tuna mixed with mayo, pickles, parsley and celery with kalamata aioli spread, red onion, tomato and chopped lettuce..... 8.25

## BURGERS

All burgers are served with organic field greens and home made balsamic dressing

### Turkey Burger

With avocado, cheddar cheese & mayonnaise..... 8.50

### Hamburger

100% Angus beef patties served with all the fixings.

Mayonnaise, ketchup and mustard served on request..... 8.00

**Cheeseburger**..... 8.50

With bacon..... add 1.25

With avocado..... add 1.25

## SALADS

Choice of poppy seed, bleu cheese, vinaigrette, lemon vinaigrette, balsamic or apple pecan dressing

### Come On In! Salad

Organic field greens with caramelized pecans, gorgonzola cheese, green apples and grilled chicken with balsamic dressing..... 10.00

### Arugula Salad

Baby arugula & boston lettuce with shaved parmesan, poached chicken, and fennel tossed with lemon vinaigrette dressing..... 10.00

### Pan Seared Salmon Salad

Over organic field greens, avocado and pineapple salsa..... 12.50

### Organic Baby Spinach

With caramelized pecans, crumbled bleu cheese, sun-dried tomatoes and mushrooms, tossed with apple pecan dressing..... 8.50

### Cobb Salad

Grilled chicken, bacon, hard-boiled eggs, tomato, red onion and bleu cheese crumbles served over organic field greens with bleu cheese dressing..... 10.25

### Garden Greens

Organic field greens with fresh shaved carrots, white mushrooms, cucumbers, red onions, tomato & bell peppers with choice of dressing..... 7.50

### Tuna Salad, Curried Chicken Salad, Basil Chicken Salad or Chicken Salad

Served on garden greens with your choice of dressing..... 9.50

**Caesar**..... 5.75

With Grilled Chicken..... add 2.75

With Grilled Salmon..... add 6.00

## FOCACCIA SANDWICHES

All focaccia sandwiches are served with organic field greens and homemade balsamic dressing

### Roasted Eggplant

With grilled zucchini, roasted bell peppers, tomato and mozzarella..... 7.50

### Portobello

With sweet onions, arugula, tomato and swiss cheese..... 8.00

### Prosciutto

With fresh mozzarella, tomato, arugula and olive oil..... 8.25

### Grilled Chicken Breast

With roasted bell peppers, tomato, lettuce and lemon pesto aioli..... 9.00

### Grilled Salmon

With bell pepper aioli, tomatoes & arugula..... 11.50